**TIMETABLE** 

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| **MONDAY**  |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 4:15pm |  Pre-Primary Ballet | 4:15pm |  Grade 1 Ballet |
| 4:45pm |  Juniors Stretch & Technique | 4:45pm |  Inters Stretch/Strength – Advanced Core |
| 5:15pm |  Inters Stretch/Core/Flex Corner Combo/Kicks/Leaps/Turns Intensive Development Program | 5:15pm |  Juniors Stretch/Core/Flex/Corner Combo’s |
| 5:45pm |  Juniors Tap  | 5:45pm |   |
| 6:00pm |  Juniors Jazz  | 6:00pm |   |
| 6:30pm | Juniors Lyrical  |  |  |
| 7:00pm |  Private Lessons |  |  |
| 7:30pm |  Private Lessons |  |  |
| 8:00pm |  Finish |  |  |

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| **WEDNESDAY** |
| **TIME** | **STUDIO ONE** |  **TIME** |  **STUDIO TWO** |
| 4:00pm |  Ready Set Dance (Level 1 & 2) |  |  |
|  |   | 4:45pm |  Pre Acro Stretch |
| 5:30pm |  Acrobatics (Level One) | 5:30pm |  Acrobatics (Level Two) |
| 6:15pm |  Musical Theatre/Singing | 6:15pm |   |
| 7:00pm |  Inters Commercial/Theatrical Jazz |  |  |
| 7:30pm |  Inters Lyrical |  |  |
| 8:00pm |  Acting Class (9yrs to 15yrs) | 7:30pm |   |
| 8:15pm |  Adults Stretch, Jazz & Tap | 8:15pm |   |
| 9:00pm |  Finish | 8:30pm |   |

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| **FRIDAY** |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 10:30am |  Ready Set Dance (Level 1) |  |   |
| 11:30am |  Pre-School Ballet  |  |  |
| 12:00pm |  Pre-School Yoga |  |   |
| \*\*\*\*\*\*\* | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* | \*\*\*\*\*\*\* | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |
| 4:00pm |  Primary Ballet  |  |   |
| 4:30pm |  Petites Stretch/Flex  | 4:30pm |  Grade 1 Ballet (Exams Opt.) |
| 4:45pm |  Petites Tap & Jazz | 5:00pm |  Grade 2 Ballet (Exams Opt.) |
| 5:30pm |  Petites Acrobatics | 5:30pm |   |
| 6:00pm |  Petite**s** Yoga |  |  |

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| **SATURDAY** |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 9:30am |  Ready-Set Dance (Level 1 & 2) |  |   |
| 10:30am |  Kinder Ballet (4-6yrs) |  |   |
| 11:00am |  S.A.M.S. Sports,Activities & Motor Skills(3-5yrs) |  |  S.A.M.S. Roller Blading (Coming Soon) |
| 11:45am |  S.A.M.S. Sports,Activities & Motor Skills(6-10yrs) |  |  |

 Pre-School 2-4yrs I Petites 5-7yrs I Juniors 8-10yrs I Inters 10-12yrs I Teens 13-15yrs I Seniors 16yrs+ I Adults