**TIMETABLE** 

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| **MONDAY** | | | |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 4:15pm | Pre-Primary Ballet | 4:15pm | Grade 1 Ballet |
| 4:45pm | Juniors Stretch & Technique | 4:45pm | Inters Stretch/Strength – Advanced Core |
| 5:15pm | Inters Stretch/Core/Flex  Corner Combo/Kicks/Leaps/Turns  Intensive Development Program | 5:15pm | Juniors Stretch/Core/Flex/Corner Combo’s |
| 5:45pm | Juniors Tap | 5:45pm |  |
| 6:00pm | Juniors Jazz | 6:00pm |  |
| 6:30pm | Juniors Lyrical |  |  |
| 7:00pm | Private Lessons |  |  |
| 7:30pm | Private Lessons |  |  |
| 8:00pm | Finish |  |  |

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| **WEDNESDAY** | | | |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 4:00pm | Ready Set Dance (Level 1 & 2) |  |  |
|  |  | 4:45pm | Pre Acro Stretch |
| 5:30pm | Acrobatics (Level One) | 5:30pm | Acrobatics (Level Two) |
| 6:15pm | Musical Theatre/Singing | 6:15pm |  |
| 7:00pm | Inters Commercial/Theatrical Jazz |  |  |
| 7:30pm | Inters Lyrical |  |  |
| 8:00pm | Acting Class (9yrs to 15yrs) | 7:30pm |  |
| 8:15pm | Adults Stretch, Jazz & Tap | 8:15pm |  |
| 9:00pm | Finish | 8:30pm |  |

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| **FRIDAY** | | | |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 10:30am | Ready Set Dance (Level 1) |  |  |
| 11:30am | Pre-School Ballet |  |  |
| 12:00pm | Pre-School Yoga |  |  |
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| 4:00pm | Primary Ballet |  |  |
| 4:30pm | Petites Stretch/Flex | 4:30pm | Grade 1 Ballet (Exams Opt.) |
| 4:45pm | Petites Tap & Jazz | 5:00pm | Grade 2 Ballet (Exams Opt.) |
| 5:30pm | Petites Acrobatics | 5:30pm |  |
| 6:00pm | Petite**s** Yoga |  |  |

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| **SATURDAY** | | | |
| **TIME** | **STUDIO ONE** | **TIME** | **STUDIO TWO** |
| 9:30am | Ready-Set Dance (Level 1 & 2) |  |  |
| 10:30am | Kinder Ballet (4-6yrs) |  |  |
| 11:00am | S.A.M.S. Sports,Activities & Motor Skills  (3-5yrs) |  | S.A.M.S. Roller Blading (Coming Soon) |
| 11:45am | S.A.M.S. Sports,Activities & Motor Skills  (6-10yrs) |  |  |

Pre-School 2-4yrs I Petites 5-7yrs I Juniors 8-10yrs I Inters 10-12yrs I Teens 13-15yrs I Seniors 16yrs+ I Adults